

Everest Base Camp Trek



One of the world's best classic treks to the popular Everest Base Camp.

Everest Base Camp is in the mouth of everyone and Everest Base Camp Trek is one of the popular treks in the world. This trek will surely give an awesome experience for any trekker. Trekking to Everest Base Camp is one of the most popular activities among people who visits Nepal for a holiday. A breath-taking flight to Lukla airport, stunning Himalayan scenery, world's biggest desert-like glaciers, high thrilling trekking passes and warm, hospitable Sherpa culture together with hundreds of years old monasteries are main attractions of Everest Base Camp Trekking. Everest Base Camp Trek is famous for high standard adventures and friendly Sherpa people of Khumbu region. Trekking to the foot of the world's highest peak, may not be simple but with determination and courage, it's not impossible to achieve it. Everest Base Camp Trekking is the ultimate trek in many ways. The trek starts after an adventurous and thrilling flight to Lukla. The flight itself gives impressive impression of great mountain views (and heart-stopping approach and landing !) and the trek will take you through wide areas of stunning landscapes, ethnic settlements, years old Buddhist monasteries at Monjo, Namche, Tengpoche and Panboche, and ultimately to the midst of towering peaks including but not limited to Ama Dablam, Kang Tega, Nuptse, Thamserku, Kusum Kangaro, Pumori, Lhotse, Lobuche, Isalnd Peak, Makalu and breathtaking Everest itself. Everest Base Camp Trek is a moderately strenuous trip that is suitable for trekkers with at least basic trekking experience in the past. One without previous trekking experiences can also join our treks to Everest Base Camp however people with previous trekking experiences will not need to endure difficulties that a novice may require to endure. The trek starts with small and gentle downhill walk from Lukla to Phakding. Continuing further towards north, there are several gentle and steep ascents. The trail will seem to be strenuous as we climb further as an effect of high altitude. We may need to acclimatize properly to get rid of altitude sickness during the trek. Ultimately we'll reach 5550 meters - high enough! Everest Base Camp Trekking is famous for its incomparable snowy Himalayas and the loyalty and friendliness of its inhabitants (the smiling Sherpa people).

Itinerary for the trip:

[DAY 01: Arrival in Kathmandu, transfer to Hotel \(1310M or 4,297FT\)](#)

[DAY 02: Fly to Lukla \(2,840M / 30 minutes\), trek to Monjo \(2,840M\) or Jorsalle \(2,820M / 4 - 5 Hours\)](#)

[DAY 03: Short Trekking to Namche Bazaar \(3,440M / 3 - 4 Hours\)](#)

DAY 04: Rest and acclimatization day in Namche Bazaar (3,440M)

DAY 05: Trek to Tengboche Monastery (3,860M / 6 Hours)

DAY 06: Trek to Dingboche village (4,410M / 5 - 6 Hours)

DAY 07: Rest and acclimatization day in Dingboche (4,410M)

DAY 08: Trek to Lobuche (4,910M / 5 - 6 Hours)

DAY 09: Trek to Gorakshep (5,140M / 2 - 3 Hours), hike to EBC (5,364M / 2.5 Hours) and return Gorakshep (2.5 Hours)

DAY 10: Hike to Kalapatthar (5,545M / 3 Hours), trek down to Pangboche (3,930M / 5 Hours)

DAY 11: Trek to Namche Bazaar (3,440M / 7 Hours)

DAY 12: Trek to Lukla, final night in Himalayas (2,840M / 6 - 7 Hours)

DAY 13: Fly to Kathmandu in the morning, transfer to Hotel (1,310M / 30 minutes flight)

DAY 14: Rest and buffer day in Kathmandu (1,310M)

DAY 15: Departure or extend your trip

We prioritize your safety all the time while traveling with Himalayan Leisure, Inc. We want our valuable guests and staffs to be in safe environment thus we gave full authorize to your leaders to modify, cancel or update any part of the itinerary if it is considered necessary due to safety concerns. Himalayan Leisure promises that we will do our best to stick with planned itinerary however natural disasters, weather disturbances, health conditions or any other mishap may force us to change the planned itinerary and we would seek for your understanding on these concerns. Our leaders will be happy to give you necessary information and discuss with you before changing the itinerary.